

Practice Bingo



How many of these things can you identify in your practice?



plan 3 purposes for your practice

Work under tempo – strong, slow, full articulated

isolate technical elements

focus on speed of replacing

changing shapes... work on bits where the hand has to change shape

find places to relax... write them on in the music

jumps and shifts

name the inversions

Stretch your hands open wide

which hand should lead? (Try both and see which works best?)

Be alert to repetitive motion causing tension and fatigue

alternate the types of playing you are practicing to avoid tension build up and keep interest

In a tricky passage, play every note 2 or 4 times

look out for turns and practice dodgy ones separately

locate parts you may be playing on autopilot and deconstruct them

practice small elements and motifs backwards - a good test!

'Melody' means a tune in the music - something you can sing