

Ellie's Six Week Practice Challenge

Week 4 Review

Please try to fill in this sheet with honesty and for your own benefit. Or print it out/screenshot and 'favourite' it to reflect on. IF you wish to share it with me, I'd be delighted to read it and offer feedback. Ellie x

Goals

Have you managed to keep 'on track' and if not, are you still practising with positivity?

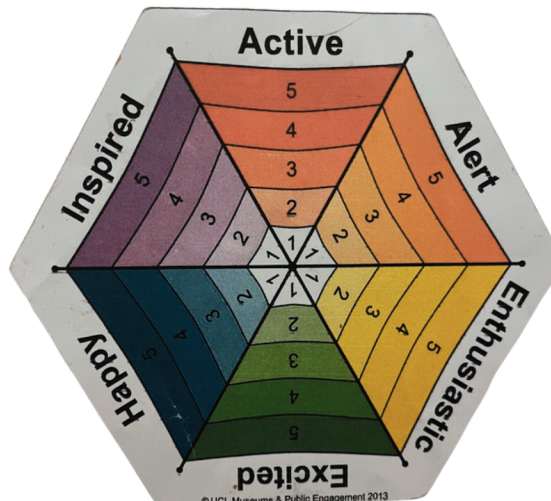
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Have you learned anything or been surprised by anything so far?

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Do you have the opportunity to perform or are you playing for yourself?

Have a look at this Audience Response Wheel and reflect on how an audience may receive your music and how/if this would affect the way you play, listen and practice



Commitment

Write a little self-encouragement here or re-commit to your goals for the final 2 weeks - good luck!

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